

Good Local Food

~Cooking Up Farm Fresh Food for You~

****Local Meats, Local/ Organic Veggies****

Drinks available all day: Coffee, Soda, Tea, Water,
Hot Chocolate, Iced Coffee, Seasonal Iced Tea

Blueberry Coffee Cake; Coffee; Tea; Juice
@ 7:30 am

Breakfast: 8 am-10am

Breakfast Sammies: Egg and Cheese w/ or w/o Bacon

Bacon Waffles/ Waffles w/ butter, fruit, maple syrup

Yogurt Parfait w Granola

Lunch: 10am till 15 mins after last ride

Local Burger or Cheeseburger w/ chips

Farmer's Burger- 1/3 lb patty, cheddar cheese,
bacon, topped with a fried egg w/ chips

All Burgers served w/ Lettuce Tomato Onion Pickles

Quesadilla – cheese plus choice of 2: black beans;
bacon; sausage; or chicken (add \$2) salsa and sour cream

Grilled Hot Dog– Applegate Nitrate Free w/ chips

Chicken Caesar Salad Wrap– organic greens
and local chicken w/ croutons, dressing and parm w/ chips

Hummus and Cheese Wrap – organic greens
topped with hummus and cheese w/chips

BLT Wrap –local bacon w/ chips

**Whoopie Pies; Cookies; Milkshakes; Ice
Cream Cookie Sandwiches; Rice Krispie
Treats**

Pay: Cash; Credit; or
Venmo (Good Local Food)

