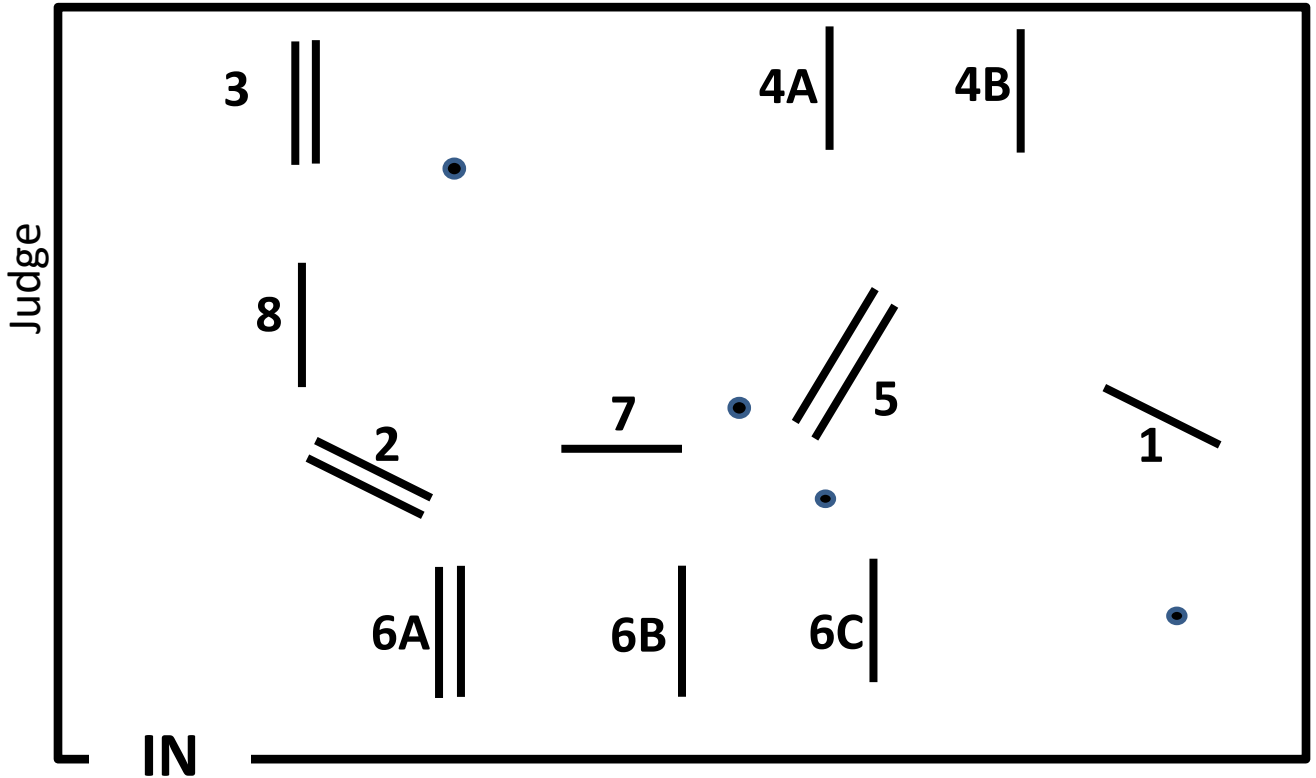


STADIUM

June
2024



Warm Up

Meters: 400M

Level	Height	Meters Per Minute	Optimum Time	Time Limit	Change
Modified	3' 5"	325	1:14	2:28	As Shown
Training	3' 3"	325	1:14	2:28	No #6C
Novice	2' 11"	320	1:16	2:32	No #4A,#6C
Beginner Novice	2' 7"	300	1:21	2:42	No #4A,#6C
Starter	2' 3"	300	1:21	2:42	No #4A,#6B,#6C, #2 → Vertical